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CUBBERJAYA DE TIMES RECREATION AT YOUR CONVENIENCE

- Do We Talk or Do We Tweet?
- Where the Bushes Burn
- Basketball:
 Because Boys
 Had To Play Indoors
 In Winter
- ► Roti Canai
 What you should know



Antikythera Mechanism:

Ancient Computer

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ClubTimes

A Sense of Wonder Opens Up Possibilities

Dear Member,

Welcome to this brand new issue of Club Times, in which we explore the idea of surprising origins. From the familiar way we use our technology to the familiar games we play and the familiar food we eat, there are always surprising stories of how they began. In our day to day life, we face the danger of taking things for granted, and lose our sense of wonder. That's unfortunate, because it's that sense of wonder that opens us up to see new things, new possibilities. This holds true, be it in our business and career, relationships and lifestyle.

So in this issue, we indulge that sense of wonder with our cover story on the Antikythera Mechanism, an ancient mechanical computer so old that it changed the scientific community's conception of what early civilisations could achieve in world navigation. Then we look at the obscure origins of today's ubiquitous sport, basketball. It's a fascinating tale of how necessity begets inventiveness.

We also open up a window to the Hitachi Seaside Park, "where the bushes burn". Have you ever seen an entire landscape that seems to be ablaze with flowers? That happens every autumn at this park. We also take a look at another ubiquitous artefact of Malaysian life – the humble yet infinitely versatile roti canai.

And then, delve into the club spotlights within these pages to see what memorable activities have been carried out for your enjoyment, and learn about upcoming exciting events that we have lined up for your benefit. Enjoy your read, and as always, I'll see you at the club!



Berjaya Clubs

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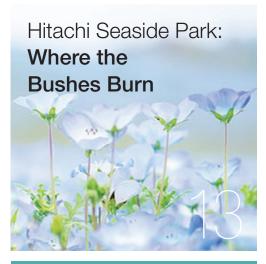
Yellow Thumbprint Sdn Bhd (595768-P) 23, Jalan Radin 2, Seri Petaling, 57000 Kuala Lumpur. Tel: +603-9059 1216

Highlights

03



Do We Talk or Do We Tweet?







Members' Privileges

Spotlight

18

26



03



29 <u>MAY 2016</u> **SUNDAY**

APRIL 2016 SATURDAY

MAY MONTHLY MEDAL-STABLEFORD

Come test your mettle at the month's showdown of golf champions. For registration and more info, kindly call the Golf Counter at 03-8996 1468 or email: jalil.golf@berjayaclubs.com

COLOURING CONTEST

This is a great way to remind elementary age kids to respect and preserve their environment. In conjunction with International Earth Day, which falls in the month of April, the colouring contest with the theme "Colour Our Mother Earth" is an opportunity for kids to learn about protecting the environment while letting their creativity run wild at the same time.

Eligibility : 5 – 12 years old
Time : 9 am – 12 pm
Venue : Bowling alley
Fees : RM50 (Members)

RM60 (Non-members)

APRIL 2016 FRIDAY

CHARITY @ APRIL

There is no better joy than to share your care to the less fortunate. Pusat Jagaan Insan Istimewa currently occupied with 35 old folks with mentally and physically disabled. They were lack of food, medical items, electrical items and furniture. Your generous contribution can make a difference. We welcome contributions in kind by 18 Apr 2016.

30 APRIL 2016 SATURDAY

JUNIOR TABLE TENNIS COMPETITION 2016 (UNDER 15 YEARS OLD)

Calling all boys and girls under 15 years old to fill up your weekend by challenging each other with your table tennis skills!

Time : 9 am – 5 pm
Entrance Fees : RM10 (Member)
RM15 (Guest)

Games

: Best 3 of 5 games 11 points per game

Format : Knockout system
Closing Date : 16 Apr 2016 (Sat)



 $21 \frac{\text{MAY 2016}}{\text{SATURDAY}}$

31801 MAY & JUNE 2016 TUESDAY TO WEDNESDAY

This Holiday Programme is an ideal way to let your children

meet new friends and have fun with exciting activities arranged. Interest in robots is not only limited to males but has become popular in society. The learning process allows children to

develop their creativity and innovation more effectively than

conventional school curriculums. Many progressive schools

have utilised this teaching module to grab the children's

attention and build a faster pace of learning progress.

JUNIOR TENNIS CLINIC 2016

2-DAY HOLIDAY CAMP "BATTLE OF THE GALAXY"

Feel free to join the Junior Tennis Clinic to explore your interest towards tennis.

Time : 9 am - 10 am
Entrance Fees : RM5 (Member)
RM10 (Guest)

Closing Date : 14 May 2016 (Sat)

For more information, please contact Sports Counter at 03-8996 1470

Time : 9 am - 5 pm Entrances Fees : RM260 (Member) RM270 (Guest)

Closing Date : 15 May 2016

For enquiries, kindly contact Ms Angelina Chin at 03-8996 1837 or email: jalil.pr@berjayaclubs.com

O9-O3 JUNE-JULY 2016 MONDAY TO THUESDAY

BAZAR SAJIAN MUHIBAH, BUKIT JALIL

Share the moments of the Holy Month with the theme of 'Bazar Sajian Muhibah, Bukit Jalil', serving you a wide assortment of scrumptious foods and beverages ranging from Chinese, Indian, Japanese and traditional Malay delights.

Rate

Walk-in Preview : RM38 (9 - 15 June)
Normal Rate : RM60 nett (Member)

RM70 nett (Guest) (16 June - 3 July)

Contact our friendly Sales Representative for Early bird Voucher from as low as RM 38 nett/ pax. Call 03-8996 1560

ClubTimes



21 APRIL 2016 THURSDAY

$28 \frac{\text{MAY } 2016}{\text{SATURDAY}}$

RAMADHAN BUFFET MEDIA PREVIEW

Intro guide: As Ramadhan is just around the corner, we would like to invite our media friends to come and be the first to enjoy our Ramadhan buffet line prepared specially for you. To media friends who wish to participate, please RSVP with the PR Division as below:

Time : 12 pm - 2 pm

Venue : The Saddle Coffeehouse

RSVP

Email : nurhatijah@berjayaclubs.com /

kiara.pr@berjayaclubs.com

Tel : 03-2094 1314

BAKING CLASS: TRADITIONAL KUIH

Intro guide: Our traditional foods are getting less popular nowadays, so much so that many have forgotten how to make them. Not to worry, now you can learn how to make traditional Malay Kuih (cakes) such as Kuih Koci and Kuih Talam from our experienced teacher. You can also bring back your own kuih to savour with family and friends. Hurry up as seats are limited!

Time : 10.30 am - 12.30 am Venue : Terrace Coffeehouse

Fees: RM100 (members), RM110 (non-members)

SCUBA DIVING DISCOVERY

Intro guide: Treasure the sea by diving deep into it and not just snorkelling over it. Here at Bukit Kiara, we provide you with a scuba diving teaser programme where you will learn both theory and practice and also get to go for a full suit pool dive at Bukit Kiara's own swimming pool. For more information, contact us at 03-2094 1314 or nurhatijah@berjayaclubs.com

Time : 10 am – 12 pm

Venue : Bukit Kiara's Swimming Pool

Fee : RM100 (Members),

RM110 (Non-members)

For further information, please contact PR Department at 03-2094 1314.



ClubTimes

NA

 $\bigcirc 809 \frac{\text{APRIL 2016}}{\text{FRIDAY TO SATURDAY}}$

30 APRIL 2016 SATURDAY

KDE MEN'S ANNUAL CLUB CHAMPIONSHIP 2016 – STROKE PLAY

KDE SWIMMING CLUB CHAMPIONSHIP

Calling all KDE Members: The KDE Masters Tournament is back and now open for registration. It's time to sharpen your golf skills. Please contact the Golf Department at 03-4251 2321.

Take this opportunity to achieve your target and show off your swimming skills. For more information, please call the Sports Department at 03-4251 4515

BUKA PUASA

Enjoy a wide variety of tantalising authentic kampung delights ranging from appetisers to main courses and desserts. Come and have an unforgettable "buka puasa" moment with family and friends.



$\begin{array}{c} & \underline{\text{MAY 2016}} \\ & \underline{\text{SUNDAY}} \end{array}$

TUNKU IMRAN TROPHY 2016

The Tunku Imran Trophy 2016 is once again on the horizon. This annual highlight of our club will draw the best of our golfers to rise up to the challenge of bringing home the prize.

Club Times

Antikythera Mechanism: Ancient Computer

In 1901, divers found a sunken ship off the coast of Antikythera, Greece. Among artefacts the that they found, was a mysterious object that for years lay unidentified, known only as the Antikythera Mechanism. For over 2000 years, the artefact that consisted of three misshapen pieces of bronze lay in storage, with scientists not being particularly excited about

In 1902, however, archaeologist Valerios Stais who had taken to studying it came to the conclusion that it must have been some kind of

astronomical clock. The only problem was that astronomical clocks were considered to be invented by the Babylonians. It was considered too complex for the Greeks to have come up with something as elaborate as an astronomical clock.

It was only after 1950, when the Antikythera Mechanism captured the imagination and curiosity of scientists, that they took X-ray and gammaray images of all the fragments. Thus were they able to see more details of the inner workings and hidden inscriptions of the Antikythera Mechanism.



RESEARCHING ITS ORIGINS

Perched on its display casing in the National Archaeological Museum in Athens, the artefact looks like a piece of rock with patches of green mould. But see it up close, and it looks beguiling. There are gears, neat triangular teeth such as those you might find in a conventional clock, and a ring that divides the "clock", all crammed inside the mouldy bronze relic. The Antikythera Mechanism is an object of interest because the level of sophistication predates everything else discovered up to that point.

The various archaeologists and scientists who have studied this mechanism all agree that it is some sort of astronomical clock, but the earliest indication of cultures developing such devices had hitherto been traced back to ancient Babylon, who correctly predicted the movement of stars and eclipses. Such clocklike mechanisms were believed to have been first designed by the Babylonians. The device was first dated to 205 BC, which goes over 50 years earlier than when scientists first thought these devices came to be invented.

The Antikythera Mechanism is now known as the "world's first computer". The dating on this device suggests that Greeks were able to predict eclipses earlier than most people thought, and they were able to build complex devices to study the heavens.

The current theory surrounding device is that the mechanism was designed to display the progress and positions of the sun, moon, and five other planets (Saturn, Jupiter, Mars, Venus Mercury) that were significant to ancient cultures at that time - hence the classification of the mechanism as an analogue astronomical computer. The device has dials in the front marking zodiac symbols and a solar calendar as well as pointers for the sun and moon. The mechanism shows that ancient cultures considered the sun as the centre around which planets and the earth orbit. This would have been years before Copernicus and Galileo would attempt to convince everyone that the world was not flat and that the sun was the centre of the planetary system.

The Antikythera Mechanism's purported time of creation supports the belief that



Archimedes might have created a similar device. The Greek Philosopher Cicero actually wrote about a device that was made by Archimedes in the 3rd Century BC. Like the spoils that ended up at the bottom of the sea near the coast of Antikythera, Archimedes' device was lost at sea when his home Syracuse was invaded by the Romans and he was killed in 212 BC.

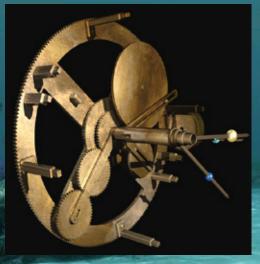
Another surprising discovery was that scientists expected to find its mechanisms working according to Greek trigonometry; however, Antikythera Mechanism does not use the principles of trigonometry but Babylonian arithmetical methods instead. There were a lot of other brilliant scientists alive at that time, and the idea of a device like the Antikythera Mechanism could have been imported from ancient Babylon or Egypt or the Mayan people, who have variously credited with being the first civilizations to come up with such mechanisms.

Archimedes might have created Heliocentric before it a similar device. The Greek was cool

According to the Antikythera Mechanism, the sun was at the centre of an orbital system Copernicus anticipating and Galileo by some 1,500 years. These two scientists and others who supported the heliocentric model were vilified imposters and quacks during their time. It would take decades more for scientists to accept the heliocentric model that Copernicus and Galileo espoused, but the Antikythera Mechanism already embodied this over a millennium before.

The level of ancient scientific genius shown in the Antikythera Mechanism is a legacy that propels modern day scientists to rethink what we know. From a time when we thought nobody had the knowledge and technology to build smart the Antikythera machines. Mechanism hints to the fact that ancient humans may have known more than we give them credit for, and that we today are therefore far more capable than we may have previously thought.









e have really come a long way it's difficult t_{Ω} imagine that not many years ago, the social media space was very limited in terms of sites and even user accessibility. Texting was the most common habit of communication. evolved having from letter writing into a written approximation of casual conversational patterns. The good Even now, texting remains dominant, although it has also evolved.

In 2004 and 2006 came Facebook and Twitter, the two social media sites that have really changed how people interact and pass information. Twitter limits users to 140 characters tweeting, which means that you have to communicate using very few letters and words. Facebook, on the other hand, allows users to update statuses using more words. Both services also include features like private messaging and reposting of others' public messages.

The advent of social media platforms such as these has made it easier for people to interact and relay information on a level never experienced before. You can basically network, start new relationships and even push your personal brand

on these networks. It is also cheaper and highly convenient to keep in touch with friends and relatives in different countries through social media. International phone calls are still more expensive, and that limits the way we communicate with people in foreign countries.

Increasingly, social media platforms such as Skype, Google Hangouts Apple FaceTime and are bridging the gap by bringing face-to-face chat over the internet, to the masses. You can now chat instantly across the planet with your phone, every day if you wish. Relationships therefore have been





strengthened because of social networks. The importance of these sites as far as networking and passing of information is concerned cannot be underestimated. It is hard to imagine what life was like without them.

The bad

the \bigcirc n other hand. have concerns been raised about how social media affects the way we relate with each other. Many people spend too much time on social The personal media and forget to spend quality time with the people they care about. People would rather tweet one another or send direct messages on Facebook instead of having face-toface conversations. This erodes personal bonds and makes relationships more distant. According to research, it's also one

of the contributing factors to why many millennials have difficulty sustaining long-term relationships.

Social media addiction is another big problem. Instead of people talking to each other when they do meet, much of the time is spent focused on their own smartphone screens scrolling through social media pages. Have we become slaves to technology?

responsibility

In the end, it boils down self management. Social media and social networks are tools for social interactions. Used in the right way and in the right context, social media can enrich our relationships, just letter writing did in the old days. No one can deny

the positive influences of technology on the way communicate and We interact with each other. There are a lot of benefits that can be attributed to social media when it comes to interpersonal relationships.

On the other hand, it can also erode the essence of those relationships as far as personal interactions are concerned. Social media should therefore be used thoughtfully, so that we don't throw away the most valuable things that make our lives much more meaningful. Out of control, social media use can dull us to the realworld relationships right in front of us.

So, is social media a curse or a blessing? The answer is in how you choose to use it. So use it well.

Club Times



lowers are indeed the star of Hitachi Seaside Park. Their dazzling colours, grace and abundance make every traveller want to visit the place. Yet it is not just a flower haven, but a paradise in a broader sense.

Hitachi Seaside Park encompasses a huge area of 190 hectares, which feature blossoming flowers all year round. The park is most known for the blooming of millions of lucid blue and baby blue eyes flowers. Not only that, it also grows millions of daffodils, a wide variety of tulips, as well as various other beautiful flowers. The stunning park is covered with flowering

plants, adding vibrant colour to its undulating landscape.

Whether you are visiting the park during springtime, summertime or autumn, you will surely enjoy the flower festival. It is definitely where the bushes burn with colour!







Spring

The start of the spring season is marked by the Suisen Garden, one of the most famous areas at the Hitachi Seaside Park. During this time, more than a million of roughly 600 species of narcissuses fill up the gaps between pinewood trees, which are planted to filter sunrays.

Love azaleas and tulips? Then you must head to the park during springtime. Autumn Baby blue eyes flowers, more precisely known as nemphilas, will also make you feel as if you are standing in a blue paradise. They flood the 3.5-hectare Miharashi Hills with their blue petals blending with the marine hues as they complement the adjacent Pacific Ocean.

Summer

Zinnia is the star of the park, come summertime. So, if you want to witness blooming zinnia. the summer is the best time to visit the park. Green cotton balls rule the park during this season. From summer to autumn, the colours change into redcoloured "cotton candy". A sea of flowers is sure to amaze all visitors from around the world.

Do you want to watch as the Miharashi Hills turn into burning balls of kochia flowers? These flowers change from green to red, and yes, the land turns into a red haven! Visit the Hitachi Seaside Park during autumn to witness this moment. Fans of cosmos flowers can also easily fall in love with the park during this season.



Aside from exauisitely beautiful flowers, visitors also eniov the can amusement park and other attractions. Hitachi Seaside Park boasts of a Giant Flower Ring Ferris Wheel, Family Banana Coaster, Disk-O, as well Family Park Golf, among others. It's not iust a botanist's dream come true, but it's also complete vacation destination for the whole family. Time to book a flight?



asketball today is one of the world's most popular sports. Fans of the game watch it on television and other media, following the style and news about their players like favourite movie stars. But how did this popular game have its start? Where did it come from?

Made necessary by the need to play indoors

More than a century ago in 1891, Canadian Dr James Naismith was trying to keep his gym class active on a rainy day. Naismith was a physical education professor and instructor at the YMCA in Springfield, Massachusetts, which is today Springfield College. He searched for an active indoor game to keep his students occupied at high levels of fitness during the long winters of New England in the US.

After discarding numerous **Evolution of the ball** game ideas for being too rough or otherwise unsuitable for walled-in gymnasiums, he wrote the basic rules of the game now known as basketball. and nailed a peach basket onto a 10-foot (3.05 m) elevated track. This basket would retain the ball every time a score was made: it would not allow

the ball to fall through as today's baskets do. This was inconvenient. of course, so the bottom of the peach basket was removed to allow the ball to be poked with a long stick and pushed back out of the top of the basket.

Before special basketballs were made. soccer balls were used in early versions of the game. The first purpose-made basketballs were brown in colour, and it was only in the late 1950s that Tony Hinkle introduced the orange ball that is now in common use. He introduced the orange



ball so that it would be more visible to players as well as spectators.

Originally, the "bounce pass" was the main way that players moved the ball to their teammates. Dribbling was not part of the game at first. This was because the early balls were asymmetrical. But around the 1950s. manufacturing technology enabling the improved, production of nearly balls. spherical From this time on, dribbling the basketball become commonplace.

Evolution of the basket

In 1906, the peach baskets were finally replaced with metal hoops and backboards.

They were designed to allow basketballs to pass right through after each score. The metal "baskets" were originally fixed to the mezzanine balcony of the playing court, but this changed because was spectators in the balconies would interfere with the shots. It was to prevent this interference that the backboard was introduced. This also brought about the possibility of rebound shots.

In 2006, Naismith's granddaughter discovered his handwritten diaries, and from them learned that he was nervous about this new game that he had created, as many others had failed before it. Naismith called his new game, which used rules

from a children's game called "Duck on a Rock", as "Basket Ball".

The first officially recorded game of basketball was played in the YMCA gymnasium in Albany, New York, on 20 January 1892. It had nine players a side. The game ended at 1-0; the winning basket was made from 7.6 metres away, on a court just half the size of a present-day official court size. Teams of five became standard somewhere between 1897 and 1898.

So, there you have it – the very practical origins of a very practical game. All you need is a small indoor court and a few friends, to play. Game on!

Roti Canai

What you Should Know

irtually every Malaysian is familiar with roti canai. It is a pleasing flatbread made from dough that is pulled and stretched and folded. This gives it a very comforting texture, as it is savoured with curries, sauces and sometimes simply drizzled with sugar. Roti canai is a very versatile food that encompasses everything from a staple savoury meal to desserts, where it can be served with bananas, peanut butter and such.



Indian origins, Southeast Asian inventiveness

Roti canai originated from South India and was modified by Indian Muslim hawkers in Malaysia, Singapore and nearby nations. In Singapore and the south of Peninsular Malaysia, it is more commonly known as roti prata, which has similarities with the Kerala "poratta". Roti canai is even found in Thailand. where it is known as "ro tee". Here, it is typically sold from street carts by traditionally Muslim vendors.

A feast for the eyes as well as the stomach

Roti canai has also been referred to as "flying bread" because of the process it undergoes in its creation. A hand-sized lump of dough is expertly flattened by hand, kneaded, stretched, twirled, tossed and folded into the shape of a pancake. It can be reminiscent of the traditional way of pizza making. The







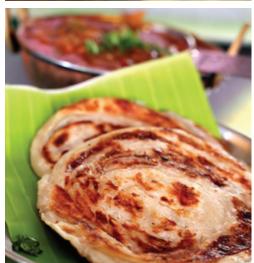
dough consists of flour, copious amounts of water and fat. It is continually oiled while it is being shaped, as well. Most people use ghee, or clarified butter, when making roti canai; some also add sweetened or condensed milk into the mix.

Besides the traditional pancake shape, roti canai can also be made into a fluffy patty (roti bom), a paper-thin cone or cylinder (roti tisu), infused with egg (roti telur), onion (roti bawang) or banana (roti pisang). The varieties

of roti canai are limited only by the imagination, it would seem.

A truly Malaysian dish

Perhaps the best thing about roti canai is its ubiquity. In Malaysia, it is widely available practically everywhere people gather to eat, so you need never be deprived of your favourite variant of the popular roti canai. Might we suggest that you try a different kind of roti canai the next time you visit your favourite restaurant? After all, variety, as they say, is the spice of life.





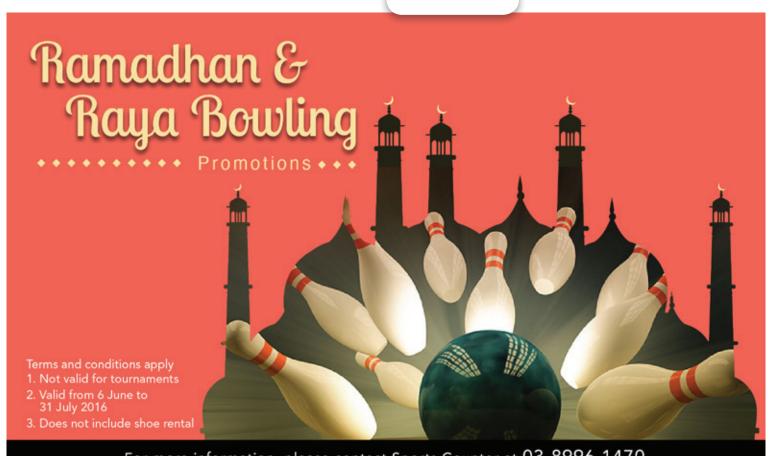




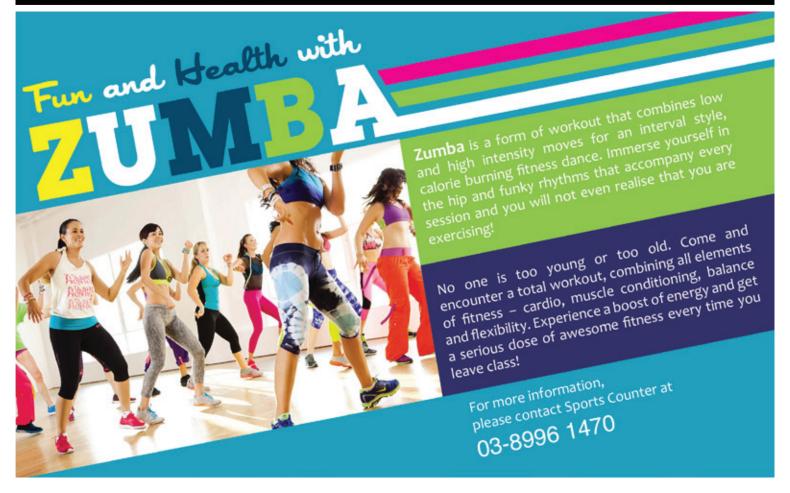
GOLF PROMOTION K







For more information, please contact Sports Counter at 03-8996 1470







April 2016 Food Promotion

FISH HEAD CURRY

(SET OF 2)

Fish Head Curry
with
Ladies Finger
served with
White Rice, Papadom,
Fried Cabbage, Lime Syrup
and a scoop of Ice Cream











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Morning Break with snacks

Half Day Seminar Package

Welcome coffee break with snacks and lunch

Full Day Seminar Package

Welcome refreshment (coffee 7 tea) Morning coffee with snacks Set lunch for below 40 pax buffet lunch for above 40 pax Afternoon coffee break with snacks

Complimentary usage of meeting room

Complimentary refreshment mints, writing materials, white board, flip chart, white screen with assorted markers Complimentary wi-fi, standard PA system with rostrum and microphone Complimentary backdrop, registration table and seat cover

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